



CREAFAST



120 TABLETS

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Creafast is a patented formulation that takes the supplement to a new level. The tablets are covered with a special coating so that the gastric acid in the stomach cannot digest them quickly. Large amounts of regular Creatine is destroyed due to gastric acid and does not enter the muscle cells. The innovation of Creafast is the 2 phase effect. Creafast phase 1 delivers rapidly available Creatine and phase 2 delivers creatine which is stored in the magnesium matrix found in the tablet on a time released basis. This ensures the creatine level in the blood remains constantly high and at the optimum level. Each pack contains 120 tablets.

Additional information!

What many people do not know is that standard creatine supplements consist either out of creatine monohydrate or other creatine chemical compounds or blends of these. The problem is that in all these cases the total amount of creatine is absorbed quickly in one shot. You then have a peak in the blood levels but the body can't utilize all this at once and then the excess creatine will be destroyed and the creatine level decreases afterwards. This means a higher dosage is not only useless but in addition is unhealthy. The kidneys will be stressed because they must eliminate the toxic metabolites like methylamine and formaldehyde.



INGREDIENTS

Creatine monohydrate, magnesium hydroxide; coating agents: pre-gelatinized starch, talcum, shellac, glycerol, iron (III) oxides; bulking agent: microcrystalline cellulose; anticaking agents: stearic acid, silicon dioxide, magnesium stearate.



RECOMMENDED CONSUMPTION

Just 1 tablet, 3 times per day ensures the optimum creatine level for the whole day. With Creafast the creatine level increases quickly and stays permanently on the ideal level. 100% will be absorbed and the body is not stressed with toxic substances. With a minimum dosage you achieve the maximum result and an increase in your physical performance! intake. Don't use as a replacement for a balanced and varied diet. Store out of reach of young children.

Durchschnittliche Nährwerte / Nutrition value		
Ingredients	100 g	3 tablets % NRV*
Energie / energy	0 kJ	0 kJ
	0 kcal	0 kcal
Fett / fat	0 g	0 g
- davon gesättigte Fettsäuren / thereof saturated fatty acids	0 g	0 g
Kohlenhydrate / carbohydrates	0 g	0 g
- davon Zucker / thereof sugar	0 g	0 g
Eiweiß / protein	0 g	0 g
Salz / salt	0 g	0 g
Creatine / creatine		3000 mg
Magnesium / magnesium		254 mg 68 mg

*NRV = % of nutrient reference values for adults per serving (according to directive ec [No.]1169/2011)

*NRV = % der Nährstoffbezugswerte (nach VO (EG) Nr.1169/2011)

Driven by Science and Experience

Created by Rainer Zirkelbach

Rainer Zirkelbach



CREAFAST TABLETS

INCREASES PHYSICAL PERFORMANCE

YOUR SUCCESS IS OUR KONZEPT!



- Our creatine world innovation
- Coated pharmaceutical quality tablets which are resistant against stomach acid
- No loss of creatine in the stomach like competition products and therefore much more efficient
- The best available product: a combination of fast absorbable and depot Creatine
- Optimum creatine level all the time
- No stress on kidneys



PRODUCED IN GERMANY
meeting the highest standards of food
supplements production.



CONTRIBUTION OF INGREDIENTS
Biphase; special coated tablets: no digestion loss;
complete absorption; fast + time released Creatine.



USE
3x1 tablet
During the day



FREE

- DOPING
- GMO
- ASPARTAME